

MENU (SUMMER 2023)



FRESH SALAD & CRUSTY BREAD

A generous and delicious made-to-order salad of mixed leaves, tomatoes, cucumber, spring onion, sprouted greens and seeds. Includes potato salad or coleslaw (depending on availability) and can be dressed with Olive Oil and/or Balsamic Vinegar and chutney. Includes fresh crusty bread from the Welbeck Bakery. Example toppings include:

| | |
|---|-------|
| Mixed salad | £4.80 |
| Cheese salad | £5.90 |
| Ham salad | £6.30 |
| Chicken salad | £6.60 |
| Vegan salami salad | £6.80 |
| Greek Salad (includes Feta Cheese & Olives) | £7.10 |
| Poached Salmon Salad | £8.10 |

Add extra toppings: Cheese (+£1.10), Ham (+£1.50), Chicken (+£1.80) or Vegan Salami (+£2.00)

FRESHLY MADE SANDWICHES

Fresh sandwiches made-to-order. Sandwiches can be made exactly how you like them with or without mayo, chutney or any combination of filling and salad ... just ask ☺

| | | |
|----------------------|-------|---------------------------|
| Mixed salad sandwich | £3.10 | |
| Cheese | £3.50 | + Salad Filling ... £4.00 |
| Ham | £3.70 | + Salad Filling ... £4.20 |
| Chicken | £4.30 | + Salad Filling ... £4.80 |
| Vegan Salami | £4.60 | + Salad Filling ... £5.10 |

Add extra fillings: Cheese (+70p), Ham (+90p), Chicken (+£1.50) or Vegan Salami (+£1.80)

TOASTED & TASTY

| | |
|---|-------|
| Hummus, pitta, olives and a delicious fresh salad | £6.60 |
| Ardennes pâté & toast plus salad garnish | £5.60 |
| Mushroom pâté & toast plus salad garnish | £5.40 |
| Bowl of Olives | £2.10 |
| Toast and preserves | £2.60 |
| Toasted teacake or Tea loaf | £2.90 |

TODAY'S SPECIALS

We often have a 'special' for the day available ... please ask at the counter ☺